
Trauma Informed Services

Overview

Recent research into trauma and trauma-informed services give programs working with current or former foster youth new approaches to focus in safety, improve well-being and health of youth, engage youth in program, assess effectiveness and address problematic or unsafe behaviors in effective ways. Trauma informed practices, care and services are quickly becoming essential aspects of service provision. Federal, state, local and private funding sources ask for trauma-informed services with increasing frequency. This training can bring your agency and staff up to speed regarding trauma-informed transformation, assessments and practices.

Objectives

1. To increase the general knowledge of trauma-informed concepts, research and resources.
2. To apply trauma-informed approaches to addressing challenging issues related to service provision (substance abuse, unsafe coping, denial, self-harm).
3. To learn specific trauma-informed interventions when working with clients, especially ones who have unsafe coping strategies, such as substance abuse, dropping out, running away, fighting, or isolating.

Evaluation

An evaluation will be completed by all attendees to provide feedback and to be able to assess the effectiveness of the training and its relevance to your agency, staff, and job.

To request a cost-free training

A variety of dates are available. Trainings can range from 4-7 hours.

Contact Michelle Buchanan at MichelleBuchanan@fredfinch.org or phone: 510-485-5245; fax 510-488-0004

Alameda County

Cost-free for foster youth programs, group homes and FFAs

Schedule a training now!

About the trainer

Gabriella Grant is the director of the California Center of Excellence for Trauma Informed Care, located in Santa Cruz. She trains and consults with a wide variety of publicly funded agencies, including foster care agencies, group homes, youth shelters, juvenile detention centers, teen commercial sexual exploitation intervention programs and more.

Cost-free CEUs

Cost-free CEUS will be provided for MFTs, LCSWs, and Group Home Administrators.

At least 6 attendees must be present to be eligible for the training.

This training is presented through Fred Finch Youth Center in partnership with Chabot Los Positas Community College and Alameda County. For agencies outside of Alameda, there are local contacts that you can ask.



California Center of Excellence
for Trauma Informed Care